

# Rules of Slingshot Golf

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# Rules of Slingshot Golf

## **I. Definitions:**

### **A. Caddie**

A caddie is the person that assists a disabled golfer with operating and carrying the slingshot launcher and putting device.

### **B. Golfer**

A golfer is the person that is playing the game of Slingshot Golf.

### **C. Putting device**

A putter or putting mechanism is a device (such as the pendulum putting device) that is used to strike a golf ball near or on the putting green.

### **D. Protractor distance sheet**

The protractor distance sheet is a piece of paper that is used in connection with the pendulum putting device to determine the proper power in degrees of a given putt. The degree angles correlate to a specific distance in feet.

### **E. Slingshot launcher**

A slingshot launcher is a device that is used to launch a golf ball.

### **F. Tee box distance sheet**

The tee box distance sheet is a piece of paper that informs a golfer of their starting position on a given hole.

## **II. The Game:**

### **A. Allowed and prohibited areas:**

#### 1. Allowed areas

Power wheelchair or motorized mobility devices can be operated on the tee box, fairway, rough and green-side fringe areas. Golfer's using a manual wheelchair, cane, crutch, walker, or other comparable mobility device can enter onto the green.

## 2. Prohibited areas

Power wheelchair or motorized mobility device cannot be operated on greens, bunkers, or in the hazard areas.

## 3. Preventing unnecessary damage

Golfer should not operate any power wheelchair or motorized mobility device on the putting green.

Golfer should be cautious to avoid causing damage to all grass and/or surface areas that could be armed by the wheels of a power wheelchair or motorized vehicle.

### **B. Use of a caddie:**

#### 4. Slingshot assistance

Golfer and caddie can strategically discuss any slingshot shot prior to placing the golf ball within the slingshot pocket. Once golf ball is within slingshot pocket, Golfer must direct caddie where to aim and the amount of power needed. Caddie cannot make suggestions at this point. Golfer must say the word release, directing the caddie to launch the golf ball.

#### 5. Putting assistance

Golfer and caddie can strategically discuss the putt prior to setup of the pendulum putting device. Once ready to position putter, golfer must direct caddie where to aim and the amount of power needed. Caddie cannot make suggestions at this point. Golfer must say the words release, directing the caddie to release the putter grip.

### **C. Tee box selection:**

#### 1. Selecting the proper tee box

The proper tee box is determined by whether the slingshot launcher is male or female. The sex of the player that instructs and does not physically launch the slingshot does not matter.

#### 2. Male slingshot launcher

The distance for a male slingshot launcher correlates to the "Blue Tee Markers" and its distance to the center of the green. Proper distance on a given hole is determined by referring to the charts below.

#### 3. Female slingshot launcher

The distance for a female slingshot launcher correlates to the "Red Tee Markers" and its distance to the center of the green. Proper distance on a given hole is determined by referring to the charts below.

4. Par 3's (Male slingshot launcher)

Par 3 -- Blue tee markers	Distance from center of green
250+ yards	115 yards
225+ yards	105 yards
200+ yards	95 yards
175+ yards	85 yards
150+ yards	75 yards
125+ yards	65 yards

5. Par 3's (Female slingshot launcher)

Par 3 -- Red tee markers	Distance from center of green
250+ yards	100 yards
225+ yards	90 yards
200+ yards	80 yards
175+ yards	70 yards
150+ yards	60 yards
125+ yards	45 yards

6. Par 4's (Male slingshot launcher)

Par 4 -- Blue tee markers	Distance from center of green
450+ yards	235 yards
425+ yards	220 yards
400+ yards	210 yards
375+ yards	195 yards
350+ yards	185 yards
325+ yards	160 yards
300+ yards	145 yards
275+ yards	135 yards
250+ yards	125 yards
250- yards	115 yards

7. Par 4's (Female slingshot launcher)

Par 4 -- Red tee markers	Distance from center of green
450+ yards	195 yards
425+ yards	180 yards
400+ yards	170 yards
375+ yards	155 yards
350+ yards	145 yards
325+ yards	120 yards
300+ yards	100 yards
275+ yards	95 yards
250+ yards	85 yards

250- yards	75 yards
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8. Par 5's (Male slingshot launcher)

Par 5 -- Blue tee markers	Distance from center of green
690 + yards	360 yards
650 + yards	340 yards
610 + yards	320 yards
570 + yards	295 yards
530+ yards	275 yards
490 + yards	255 yards
450 + yards	235 yards
450- yards	220 yards

9. Par 5's (Female slingshot launcher)

Par 5 -- Red tee markers	Distance from center of green
690 + yards	315 yards
650 + yards	295 yards
610 + yards	275 yards
570 + yards	250 yards
530+ yards	230 yards
490 + yards	210 yards
450 + yards	190 yards
450- yards	175 yards

**D. Post tee box shots:**

1. Fairway bunker

Golfer and or caddie must pick up the golf ball and move 20 yards in the opposite direction of the green. If there is a hazard at the 20 yard location than the ball shall be placed in the furthest accessible 20 yard direction without advancing forward.

2. Green-side bunker

No extra yardage penalty will be assessed. Golfer and or caddie must use the slingshot from the golf balls resting place.

If a disabled golfer is operating the slingshot then the golfer does not have to enter the green side bunker and has the option to launch the ball at the closest accessible playable area without advancing towards the hole.

3. First cut fairway-side rough

No extra yardage penalty will be assessed. Golfer and or caddie must use the slingshot from the golf balls resting place.

#### 4. Primary tall rough

Golfer and or caddie must pick up the golf ball and move 15 yards in the opposite direction of the green. If there is a hazard at the 15 yard location than the ball shall be placed in the furthest accessible 15 yard direction without advancing forward.

#### 5. Green side rough

No extra yardage penalty will be assessed within the first 30 feet of rough from the greenside fringe. If the golf ball's resting place is further than 30 feet from the green greenside fringe then golfer and or caddie must pick up the golf ball and move 10 yards in the opposite direction of the green. If there is a hazard at the 10 yard location than the ball shall be placed in the furthest accessible 10 yard direction without advancing forward.

#### 6. Hazard or out of bounds from the tee box

A one-stroke penalty will be assessed and the golfer must re-launch the next shot from the Tee box or launch from designated drop area.

#### 7. Hazard or out of bounds from the fairway or rough

A one-stroke penalty will be assessed and the golfer must launch the next shot at the nearest accessible area, no closer to the green, from where the golf ball landed.

### **E. The putting green**

#### 1. Flagstick

Golfers that cannot enter onto the green because of a mobility device or impairment have the option of keeping or removing the flagstick when positioned more than 40 feet away from the hole.

An able-bodied golfer must remove the flagstick when golf ball is on the green.

## **III. Devices and Materials:**

### **A. Allowed devices and materials:**

#### 1. GPS devices and rangefinders

GPS devices or rangefinders are allowed to determine the yardage of a given shot when using the slingshot launcher.

#### 2. Hand-held slingshot launcher

An approved Slingshot must be hand-held and be physically operated by a person and not a mechanical pullback and release mechanism.

The slingshot must consist of a Y-shaped frame held in one hand. The Y-shaped frame must not exceed 12 inches in height and 8 inches in width from upright left tip to right tip. The slingshot frame may include an arm and or wrist support mechanism and must not be more than 12 inches in length.

A slingshot band shall be made of two rubber bands and one fabric pocket. Each rubber band shall not exceed 12 inches when un-stretched and connect to a fabric pocket large enough to hold a golf ball.

3. Putting device

Any putter or putting mechanism such as the pendulum putting device.

4. Protractor distance sheet

The protractor distance sheet is a piece of paper that is calibrated to the putting device's protractor measurement tool. Each degree of the protractor correlates to a specific putting distance.

5. Tee box distance sheet

The tee box distance sheet is a piece of paper that informs a golfer of their starting position on a given hole. There is a male tee box distance sheet and a female tee box distance sheet.

## **B. Prohibited devices:**

1. Air operated golf ball launcher

Pneumatic air golf ball launchers or cannons are prohibited. Golf ball must be launched using rules specified above.

2. Golf ball catapult

Golf ball catapult launchers are prohibited. Golf ball must be launched using rules specified above.

3. Golf ball sling throwing strap

Golf ball sling launchers are prohibited. Golf ball must be launched using rules specified above.

4. GPS devices and rangefinders for putting

GPS devices and rangefinders cannot be used to determine the distance when using a putting device.

5. Hand operated golf clubs are not allowed

Hand operated golf clubs such as drivers, irons and wedges are not allowed.



## 6. Mechanical slingshot

Any slingshot launcher must be hand operated with no assistance from a mechanical crank or pullback mechanism. Golf ball must be launched using rules specified above.

## 7. Slingshot crossbow

Slingshot crossbows are prohibited. No slingshot launcher shall consist a Y-shaped frame exceeding 12 inches in height and 8 inches in width from upright left tip to right tip. The slingshot arm and or wrist support mechanism must exceed 12 inches in length. Golf ball must be launched using rules specified above.